STRAWBERRY MILK SHAKE

SERVES 2

This recipe is based on one in Thoroughly Modern Milkshakes (Norton, 2009) by Adam Ried.

1/2 cup cold milk 2 tbsp. strawberry jam

1 tsp. fresh lemon juice

4 scoops strawberry ice cream 4 scoops strawberry sorbet

Put milk, jam, and lemon juice into a blender and blend for 10 seconds. Add ice cream and sorbet and blend, pausing once or twice to mash the

pausing once or twice to mash the mixture with a rubber spatula, until mixture is smooth and creamy, about 45 seconds. Serve in chilled glasses.